

## COACHING YOUNG RUNNERS: MORE ART THAN SCIENCE

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It takes more than just knowing about running to be a successful coach. It takes a coach who knows how to get his or her athletes, even the young ones, excited; willing to put forth the effort; to want to succeed.

For parents and coaches, here are things you can do to become a successful coach, one that kids will want to run for. And for those parents looking for a coach for their child, here is what you should expect from someone coaching children. [READ MORE](#)