

**Arnold 5K/Arnold 5K Pump and Run
Columbus March 6**

Men Open

Evan Schwartz	15:05(150)
Jason Bumb	15:23(135)
Cory Irwin	15:25(125)
Neil Hertenstein	15:53(115)
Dustin Whitehair	16:04(105)
Brock Lloyd	16:14(95)
Brandon Lang	16:47(85)
Andrew Taylor	17:00(75)
Clayton Lunsford	17:15(65)
Shane Murphy	17:18(55)
Brian List	17:22(45)
Aaron Rex	17:26(35)
Bryan Stansberry	17:34(25)
Simon Curran	17:40(15)
Rob Messmer	17:45(5)

Men Masters

Shane Murphy	17:18(100)
Aaron Rex	17:26(85)
Rob Messmer	17:45(75)
Kenneth Varian	17:53(65)
Blaize O'Brien	18:29(55)
Andy Ruzicho	18:29(45)
Pat Crawford	19:19(35)
Kevin Gaysunas	19:23(25)
Troy Farrell	19:27(20)
Daniel Conner	19:34(15)
Bruce Monroe	19:35(10)
Jamison Float	19:49(5)

Men Grand Masters

Kevin Gaysunas	19:23(100)
Daniel Conner	19:34(85)
Thomas Hinkle	19:52(75)
Jerame Davies	19:59(65)
Ted Niemann	20:02(55)
Vern Blaze	20:03(45)
Todd Patton	20:13(35)
Donnie Sanders	20:31(25)

Jeff Cipriano	20:34(15)
Doad Edwards	20:39(5)

Men Senior

Daniel Conner	19:34(100)
Doad Edwards	20:39(80)
Dave Wallingford	21:48(60)
John Finch	23:21(40)
Gary Peterman	23:28(20)

Women Open

Tina Husted	18:12(150)
Heather Conger	19:11(135)
Kristina Zahniser	19:18(125)
Gretchen Kelly	19:21(115)
Gabby Bobadilla	19:26(105)
Emily Sykes	20:23(95)
Emily Johnson	20:23(85)
Krista Seibert	21:02(75)
Ashley Tryban	21:05(65)
Dusty Au	21:29(55)
Jamie Goudy	21:32(45)
Sarah Fredley	21:32(35)
Brittney Donley	22:00(25)
Cookie O'Neal	22:06(15)
Julie Suever	22:21(10)
Brenda Robinson	22:22(5)

Women Masters

Tina Husted	18:12(100)
Krista Seibert	21:02(85)
Cookie O'Neal	22:06(75)
Brenda Robinson	22:22(65)
Adrienne Eckels	22:25(55)
Janalee Stock	22:31(45)
Molly Disabato	23:03(35)
Suzie Ketchem	23:26(25)
Brenda Anderson	24:09(20)
Wendi Jenkins	24:15(15)
Tara Beery	24:23(10)
Tamiko Williams	25:18(5)

Women Grand Masters

Cookie O'Neal	22:06(100)
Janalee Stock	22:31(85)
Molly Disabato	23:03(75)
Suzie Ketchem	23:26(65)
Katie Moore	25:57(55)
Robin Scott	26:40(45)
Laurie Herman	26:46(35)
Laura Silva	27:28(25)
Janine Wright	27:44(15)
Frances Sherman	27:58(5)

Women Senior

Laurie Herman	26:46(100)
Kathleen Jones	35:27(80)
Sharon Bever	36:16(60)
Miriam Holmes	44:13(40)
Ester Hopkins	48:42(20)