

RUNOHIO covers running in Ohio, West Virginia, Northern Kentucky, Eastern Indiana, Southern Michigan and Western Pennsylvania.



RUNOHIO

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IAAF WORLD CHAMPIONSHIPS
London England, August 11, 2017

Left: A stunning 1-2 finish in the women's 3000 meter steeplechase by Emma Coburn (9:02.56), an American record, and Courtney Frerichs (9:03.77) a personal best, at the IAAF World Championships in London. Right: Trevor Scharfetta, bronze winner, Women's Long Jump, 22-10.5
(Photos by Victor Sisko, PhotoRun)

GRAND PRIX POINTS AND RACE RESULTS:

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- JEFF MCGOWAN MEMORIAL 5K

ARNOLD 5K PUMP AND RUN
ARNOLD 5K ENTRY

IAAF WORLD CHAMPIONSHIPS PHOTO HIGHLIGHTS

FALL RACE CALENDAR

GRAND PRIX STANDINGS

The mid September– mid November print issue of RUNOHIO was mailed out September 14th and is now at your favorite running store. Stop by to get a copy. RUNOHIO is available at 72 running related stores in Ohio, West Virginia, Kentucky, Indiana, western Pennsylvania and southern Michigan. (If your favorite running store does not have RUNOHIO let me know) – runohio@ee.net

RUNOHIO - provides you with running coverage in Ohio, West Virginia, northern Kentucky, eastern Indiana, western Pennsylvania and southern Michigan. The RUNOHIO web site - <http://www.runohio.com>

[/www.runohio.com](http://www.runohio.com)

has been working with The Running Network - for over 20 years in providing you National and local running news -

<http://www.runningnetwork.com/RNW>.

March started RUNOHIO's 29th year of publication.

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RUNNING NETWORK

Check out the Running Network National News on RUNOHIO National News Section -

<http://www.runohio.com>

The Running Network LLC Partners: <http://www.runningnetwork.com/RNW> are:

American Track & Field - <http://www.american-trackandfield.com>

Athletes Only - <http://www.atf-athlete.com>

Athletics (Canada) - <http://www.athletics.ca>

Austin Runner - <http://www.austinrunner.com>

California Track & Running News - <http://www.caltrack.com>

Coaching Athletics Quarterly - <http://www.coachingathleticsq.com>

Colorado Runner - <http://www.coloradorunnermag.com>

Get Active! - <http://www.healthclubs.com>

Greater Long Island Running Club's Footnotes - <http://www.glirc.org>

Latinos Corriendo - <http://www.latinoscorriendo.com>

Marathon Guide - <http://www.marathonguide.com>

Michigan Runner - <http://www.michiganrunner.net>

Missouri Runner & Triathlete - <http://www.morunandtri.com>

Racing South -

Road Runners Club of America - <http://www.rrca.org>

Running Journal - <http://www.running.net>

RunMinnesota - <http://www.runmdra.org>

RUNOHIO - <http://www.runohio.com>

Track & Field News - <http://www.trackandfieldnews.com>

USATF's Fast Forward - <http://www.usatf.org>

USATF/New England's Exchange Zone - <http://www.usatfne.org/index.shtml>

The Winged Foot (NYAC) - <http://www.nyac.org>

The Winged M (MAC) - <http://www.themac.com>